CORONAVIRUS OUTBREAK

COVID-19: Return-to-Work Procedures

(Source: Centers for Disease Control and Prevention)

Members who experience a high-risk exposure should notify their department in accordance with their exposure control plan and be placed in quarantine for 14 days. If asymptomatic for 14 days, you are eligible to return to work. If you become symptomatic, you should be isolated and follow the guidance below for returning to work.

If you are currently in isolation due to signs/symptoms of the COVID-19 virus (fever, cough, shortness of breath) AND/OR have tested positive for the COVID-19 virus

You may be cleared for return to work, if the following conditions are met:

1. If you tested positive for COVID-19, exclude from work until:

- Your fever is less than 99.9 F or 37.7 C without the use of fever-reducing medications **and**

- You have improvement in respiratory symptoms (e.g., cough, shortness of breath) **and**

- You have negative results (of an FDA Emergency Use Authorized molecular assay for COVID-19) from **at least two** consecutive nasopharyngeal swab specimens collected ≥24 hours apart (a total of two negative specimens).

2. If you did not receive a COVID-19 test, exclude from work until:

- It's been at least three (3) days (72 hours) since recovery (defined as fever less than 99.9 F or 37.7 C without the use of fever-reducing medications **and** improvement in respiratory symptoms (e.g., cough, shortness of breath) **and**

- At least seven (7) days have passed *since symptoms first appeared*

Contact your union officials to assist in completing a workers' compensation claim (a claim may not be applicable in all circumstances)

After returning to work:

- Continue with twice-daily self-monitoring on and off shift until further notice.

- Adhere to hand hygiene, respiratory hygiene and cough etiquette.

- Practice social distancing when appropriate.

Sources: 1. CDC Criteria for Return to Work for Healthcare Personnel with Confirmed or Suspected COVID-19 (Interim Guidance). https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/hcp-return-work.htm.

2. CDC Interim U.S. Guidance for Risk Assessment and Public Health Management of Healthcare Personnel with Potential Exposure in a Healthcare Setting to Patients with Coronavirus Disease (COVID-19). https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html.